

# 2019 LVTC Master Calendar

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## JAN

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28	29	30				

## APR

- 06 Lifetime Puppy Run
  - 06 Rage Bike Prev. + Dynamic Warm-Up
  - 13 Rage Tri
  - 17 Meeting/social McMullan's
  - 20-21 St. George 70.3 Training
  - 24 Corporate Challenge
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Su	Mo	Tu	We	Th	Fr	Sa
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## FEB

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## MAY

- 03 St. George Social
  - 04 St. George 70.3
  - 08 Tri Club Mtg @Lisa's Work
  - 11 Santa Rosa IM
  - 15 1st Lake Swim
  - 18 Las Vegas Kids Tri
  - 19 LVTC Kids & Family Social
  - 25- Mel's Swim Tips
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## MAR

- 09 Club Race Preview
  - 09 McMullan's Irish Pub
  - 23 Packet Pick-Up McGhies
  - 24 Club Race + Bike Packing Tips
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Su	Mo	Tu	We	Th	Fr	Sa
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## JUN

- 01 Club Race
  - 06 Lifetime Global Run Day
  - 09 Boulder IM
  - 12 Lake Swim + Travel Tips for Athletes
  - 22 Lake Swim/Run + Brunch Social
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## JUL

- 03 Lake Swim
- 13 Club Race- Aquabike
- 14 Swim tips- Mel
- 17 Social- Summerlin
- 24 Lake Swim

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## OCT

- 19 Pumpkin Man Bike Preview
- 19 Social in AZ
- 20 Arizona 70.3
- 25-26 HITS Tri Palm Springs
- 26 Pumpkin Man

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## AUG

- 03 Lake Swim/Run + Social
- 14 Lake Swim
- 24 Lake Swim/Bike (Club Race Preview)
- 24 Swim/Bike Clinic?
- 31 IM Training Weekend

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## NOV

- 02-03 Tri Club Retreat
- 03 Phast Kids Tri
- 23 Social in AZ
- 24 IMAZ

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## SEP

- 02 IM Training Weekend
- 08 Club Race
- 15 Lifetime Tempe
- 18 Social - McMullan's
- 21 LV Tri Bike Preview/ Kokopelli
- 25 LV Tri
- 28 or 29th TBD Event

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## DEC

- TBD Indian Wells 70.3