

2019 LVTC Master Calendar

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JAN

Su	Mo	Tu	We	Th	Fr	Sa
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21	22	23	24	25	26	27
28	29	30				

APR

06 Lifetime Puppy Run

06 Rage Bike Prev. + Dynamic Warm-Up

13 Rage Tri

17 Meeting/social McMullan's

20-21 St. George 70.3 Training

24 Corporate Challenge

Su	Mo	Tu	We	Th	Fr	Sa
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24	25	26	27	28		

FEB

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MAY

03 St. George Social

04 St. George 70.3

08 Tri Club Mtg @Lisa's Work

11 Santa Rosa IM

15 1st Lake Swim

18 Las Vegas Kids Tri

25- Mel's Swim Tips

25-27 IM Training Weekend

Su	Mo	Tu	We	Th	Fr	Sa
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MAR

09 Club Race Preview

09 McMullan's Irish Pub

23 Packet Pick-Up McGhies

24 Club Race + Bike Packing Tips

24 Post Race Mtg.

Su	Mo	Tu	We	Th	Fr	Sa
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30						

JUN

01 Club Race + Post Race Mtg.

06 Lifetime Global Run Day

09 Boulder IM

12 Lake Swim + Travel Tips for Athletes

22 Lake Swim/Run + Brunch Social

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JUL

- 03 Lake Swim
- 13 Club Race- Aquabike + Post-Mtg.
- 14 Swim tips- Mel
- 17 Social- Summerlin
- 24 Lake Swim

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OCT

- 19 Pumpkin Man Bike Preview
- 19 Social in AZ
- 20 Arizona 70.3
- 25-26 HITS Tri Palm Springs
- 26 Pumpkin Man

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AUG

- 03 Lake Swim/Run + Social
- 07 Kick off prep Mtg.
- 14 Lake Swim
- 24 Lake Swim/Bike (Club Race Preview)
- 24 Swim/Bike Clinic?
- 31 IM Training Weekend

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NOV

- 02-03 Tri Club Retreat
- 03 Phast Kids Tri
- 23 Social in AZ
- 24 IMAZ

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SEP

- 02 IM Training Weekend
- 08 Club Race
- 15 Lifetime ????????
- 18 Social + Mtg. - McMullan's
- 21 LV Tri Bike Preview/ Kokopelli
- 25 LV Tri
- 28 or 29th TBD Event?

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DEC

- TBD Indian Wells 70.3